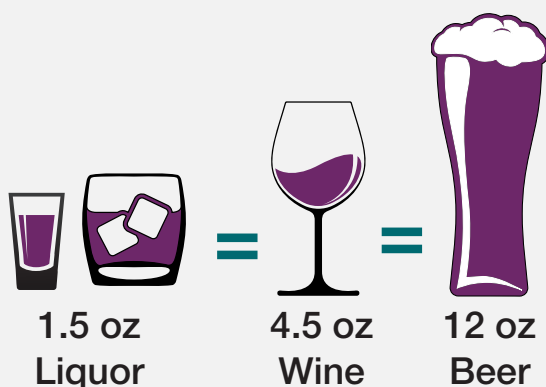


STEER CLEAR OF IMPAIRMENT

All measured drinks have approximately the same amount of alcohol.



A cocktail can contain either 1, or more measured drinks depending on the recipe.



WHETHER YOU DRINK WINE BEER OR LIQUOR THE EFFECTS OF ALCOHOL ARE THE SAME

EACH MEASURED DRINK WILL RAISE YOUR BLOOD ALCOHOL CONCENTRATION (BAC) BY ABOUT .02 PER HOUR

.02 BAC

- Difficulty performing divided attention tasks such as driving and anticipating hazards.

.05 BAC

- Difficulty steering and tracking other vehicles.

.08 BAC

- Difficulty controlling speed.
- Reduced concentration.
- Impaired perception.

.10 BAC

- Difficulty staying in lane, braking, reaction time is slower.

.15 BAC¹

- Blurred vision, inability to control vehicle.

Effects of BAC on Driving



Your BAC level is affected by amount/type of food eaten, medication, fatigue, weight, sex, and dehydration.

It takes about 1 hour for one alcoholic drink to leave your body.

HOW YOU FEEL IS NOT A GOOD INDICATION OF YOUR IMPAIRMENT LEVEL



ALCOHOL-FREE DRIVERS GET EVERYONE HOME SAFELY!