

ARE YOU IMPAIRED?

Alcohol & Cannabis | ZERO IS THE SAFE CHOICE



ACUTE IMPAIRING EFFECTS OF ALCOHOL ON DRIVING SKILLS



Risk-acceptance /
risk-taking^{1,2}

Aggressive driving³

Loss of auditory
information processing⁴

Inability to
gauge impairment⁵

Inconsistent
speed / slowed thinking^{4,6}

Declines in visual function
& blurred vision⁷

Slower reaction time &
reduced coordination⁸

Difficulty staying in lane⁹

Disorientation / paranoia
affecting situational awareness¹⁰

Greater
headways / slower speed¹¹

Reduced attention
span / awareness¹²

Memory issues¹³



ACUTE IMPAIRING EFFECTS OF CANNABIS ON DRIVING SKILLS

NOT ALL DRUGS HAVE THE SAME IMPAIRING EFFECTS.
COMBINING THEM CAN INCREASE YOUR RISK.

Project: turf.ca/projects/idcc | Learn more: sobersmartdriving.turf.ca

¹ & ¹² Broyd et al. (2016)

² Brevers et al. 2014

³ Upile et al. 2007 and NHTSA 2021

⁴ Lyon & Robertson (2020)

Visit turf.ca to view sources

⁵ & ⁹ Sewell et al., (2009)

⁶ Starkey and Charlton, (2017)

⁷ Ortiz-Peregrina et al. (2022)

⁸ Compton (2017) Bourque & Potvin (2021)

¹⁰ Englund et al. (2013)

¹¹ Compton 2017

¹³ Dellazizzo et al. (2021)

